

NW Region Report

May 2014

CHNS & CHPS

Sarah Brisco

- Presented the School Health Index orientation to the CSH coordinators in LR at the State meeting
- Presentation on Eating Disorders at APHA Conference in Hot Springs
- Attended the Substance Abuse Prevention Meeting to discuss upcoming teen summit and events.
- Provided the Shaking Baby presentation to the pregnancy resource center in Mt. Home
- Partnered with Christine McKnelly to present the Role of the CHPS at the NW Administrator's Meeting
- Attended the Benton County HHI meeting- discussed an upcoming grant for the coalition to pursue
- Met with school nurse/wellness coordinator at Sonora Middle School to invite committee members to the upcoming wellness conference in Farmington/OUR Co-op. Visited Asbell School to invite the school wellness coordinator to the upcoming wellness conference in Farmington

Cindy Jones

- Attended the Farm to You program at Wonderview Schools. Provided technical Assistance to the Faulkner County Community Service group (Nick Butler and Melinda Neeley) in their tobacco cessation booth. The Nemo Vista schools were also bussed in to the program. We spoke with 42 groups (approximately 317 students) throughout the day. Provided the students with real examples of tobacco mouth, phlegm, tar, and lungs and how tobacco use can affect their bodies. Students pledged to not use tobacco as they get older.
- Attended Injury Prevention 101 Workshop at Wilber D. Mills Co-op
- Attended Bullying Workshop at Arch Ford Co-op

- Attended Wellness Committee Meeting at West Side Greer's Ferry School with Christine McKnelly
- Attended 2 day New Hire Orientation workshop. Orientation with Marilyn Cone, Supervisor, X 3 days.
- Attended Energy Drink presentation at Dover Schools with CHPS
- London Elementary school visit with new school nurse. Explained my role as a CHNS and the technical assistance I can provide.

Cheria Lindsey

- Attended the Bullying Workshop presented through ACH-IP at Arch Ford- assist with facilitation in the cooperatives and schools.
- Presented "Sun Safety" and steps to prevent sunburns and the aging of skin along with tobacco use also affecting the skin and exposure to UV light and increasing chances of cancer to a group going to Special Olympics in Searcy, approximately 26 persons with disabilities and 30 staff for a total of 56 persons.
- Vision and Hearing Certification for new school nurses which included education on Secondhand Smoke and Act 811
- Attended the "Breaking the Chains" by Paul Argon meeting at the Durand Center about the road to recovery and how to assist those in need and prevention measures and to not be an enabler
- Host Loyd Ussery from Triple A Calibrations for hearing machine calibration and/or repair and vision machine repair from the OUR schools and early childhood group. Set-up and some return as needed.
- Completed and added to ATRAIN CNE packet for "Health Lungs & Gums" with Dr. Robert Burns, 3.0 CNE for this course.
- Met with Chonda Tapley about educational training for nurses and other school personnel along with writing the CNE packet. It will include, power point/excel related to their work, conflict resolution, leadership, team building, and communication skills with focus to customer service: the students and parents

- Assisting CHNS (Northwest Educational Co-op) while out on leave with her cooperative area-this alone speaks for itself if you are witness to her group in the Benton, Washington, and Madison Counties

Miranda Curbow

- Greenwood schools - Provided car seat installation education to parents of infants after Safety Baby Shower attendance. Included general seatbelt safety, car safety, and act 811 education in the installation education
- Johnson County Westside – Educated students on Shaken baby syndrome, fetal alcohol syndrome, and effects of drugs on the fetus. Used interactive reality works dolls during presentation. Also included smoking and its increased risk of SIDS and RX med safety. Distributed Act 811 information and educated on law and risks on infants/children of parents who smoke in the car/home
- Participated with car seat safety installation checks in Logan County. Provided Act 811 information to participants.
- Facilitated Personal Care training for ARMITs at WAESC. Educated on risks associated with tobacco and special needs students- Also educated on Act 811 and E-cigarettes
- Provided medical module for Special Healthcare Needs at WAESC - Provided personal care education. Education Included communicable disease, immunizations, safe sleep, shaken baby syndrome, effects of tobacco on the fetus and child's brain. Included WIC and nutrition information. Provided guidance and foundation for emergency plans within the school setting.
- Assisting with Arch Ford Co-op while new CHNS is in orientation.
- Working on CE packet for Reality Works Dolls

Christine McKnelly

- Facilitated Child Nutrition Director Update for 23 nutrition directors serving 7 counties and over 100 schools at Arch Ford Educational Service Cooperative. Presented on the role of the CHPS in nutrition, health, and tobacco and injury prevention. Scheduled appointments to provide follow-up nutrition in-services for cafeteria staff in two districts, Shirley and Russellville- Handouts on the role of the CHPS and tobacco, injury prevention, nutrition materials provided. Course lasted 3 hours. Collaborated with Teacher Center Coordinator and Distance Learning staff to be the facilitator for future CND in-services
- Presented and facilitated techniques for use of the School Health Index tools, including a decision-making matrix to prioritize areas of concern at Greer's Ferry, Westside School during the wellness committee meeting. The facilitated session served 8 school staff including Superintendent, Principal, Nurse, Counselor, Food Service Director, Teacher, Federal Grant Coordinator and CHNS. Discussed Act 1220 rules and rational behind not using food as a reward and not using physical activity as punishment. Referred immunization questions to CHNS. Discussed school based health clinic possibilities and joint use agreement ideas; following up with more emailed information on grant possibilities. Discussed the need for ATV safety and offered presentations. Provided examples of effective school wellness policies for issues addressed. Discussed the possibility of providing water safety presentations.
- Presented to entire middle school in 6th, 7th and 8th grade assembly, including over 300 children and 8 staff, at Dover in Pope County. Presented on dangers of energy drinks and protein supplements. Discussed concerns of alcohol in energy drinks. Provided poster for display on sugar and caffeine in beverages.
- Presented at 4th, 5th and 6th grade assembly, including approximately 100 children at Anne Watson Elementary in Bigelow per request of Central

Region HHI staff. Education included: Sun safety, skin cancer prevention, proper use of sunscreen, vitamin D, and hydration as a method of heat injury prevention discussed. Provided poster for display and left Sun wise and CDC materials.

- Presented at statewide conference of the Arkansas Public Health Association for the Public Health Nurse Association for over 40 public health nurses. Topics included societal impacts in the development of obesity and included discussion of how the junk food industry tactics are similar to those used by Big Tobacco. Presentation provided 2 hours of continuing education from ARNA for nurses.
- Facilitated/planned Bullying Prevention course for health department CHPS / CHNS and HHI Support staff at Arch Ford Co-op. Trainer included suicide prevention information from Arkansas Children's Hospital. Course lasted 6 hours and trained approximately 15 personnel.
- Faulkner County Health Initiative: Facilitated group discussion regarding GHC grants with representatives from AETN, Hendrix College, Conway Advocates for Bicycling, Soul Food Café, CDI, City of Conway, UCA Dietetics Department and other Faulkner County representatives. Discussed working with school to initiate joint use agreements for walking/cycling improvements between 3 lower income schools. Discussed applying for a Cooking Matters Grant for Theodore Jones- Shared ways for efforts to continue as I transition toward more school efforts in other areas

Nancy Marsh- Leave